

Outdoor Safety Tips

As we are now well into summer many people are heading to the outdoors for their recreation. Sheriff John R. Armer would like to offer the following information to make your recreation safe and enjoyable.

Always Prepare for Emergencies, think about these possible emergencies before you leave home and take positive steps to prepare for them:

- How far you will go and when you will get there?
- What if someone gets hurt?
- What if the weather changes unexpectedly?
- What if you are caught after dark?
- What will you drink?
- What will you eat?
- How will you stay warm?
- How will you communicate with rescuers?

Always carry plenty of water and be sure to drink it!

Beware of flash floods. Arizona soils absorb so little water that even a short rainfall can produce a massive runoff resulting in widespread flooding. Flash floods can strike without warning and can be caused by rainstorms that occurred hours earlier and many miles away.

Do not hike alone.

Tell someone where you are going and when you plan to return.

Carry proper equipment and know how to use it.

The Gila County Sheriff's Office hopes that you enjoy your summer recreation in Gila County. Should you have any questions please feel free to contact the Gila County Sheriff's Office at (928) 474-0728 or (928) 425-4449.